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POLESTAR® PILATES ESSENTIALS FOR PROFESSIONAL  
DEVELOPMENT

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VALID THROUGH THE 31ST OF DECEMBER 2021

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Brent D. Anderson, PhD, PT, OCS, NCPT  
Founder and President, POLESTAR®



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Congratulations on requalifying with Polestar!

Remember to Stay Current:

- Attend conferences and workshops
- Support your local and national Pilates and professional organizations.

Sincerely,  
Polestar Education